

Parent/Camper Handbook

for

**Sail Camp 2012
at Concord Yacht Club
Knoxville, Tennessee**



www.concordyachtclub.org
CONCORD SAILING CENTER
865-671-1210

2012 Sail Camp Important Dates

**May 20th (Sunday) PARENT MEETING/VOLUNTEER ORIENTATION
5:00 PM**
CYC 11600 S. Northshore Drive Knoxville TN 37922
671-01210 Balance due payments & question/answer
session <http://www.concordyachtclub.org>

Session 1 CAMP STARTS **Advanced, Intermediate & Beginners**
June 4 (Monday) Day 1 Group Photo #1
June 8 (Friday) Regatta or Parade 4:00pm followed by Awards, and
Pizza

Session 2 **Advanced, Intermediate & Beginners**
June 11(Monday) Day 1 - Group Photo #2
June 15 (Friday) Regatta or Parade, Awards, Cookout

Session 3 **All levels Sailors**
June 18 (Monday) Day 1 - Group Photo #3
June 22 (Friday) Regatta or Parade 4:00pm and Pizza, Awards

**Advanced & intermediate sailors have previous attendance of a sail camp and completion of the 5-9 mph wind skills in the U.S. Sailing "Red Book"*

Extended Sail June 25th - 29th three hours/day sailing time, sign up during camp, more information available at that time.

CAMPER & PARENT INFORMATION

Sail Camp is almost here! The Concord Sailing Center Youth Sailing Committee has spent many hours planning and preparing to ensure we have a safe and fun Sail Camp. We are excited about the great response we have had from CYC and the general public.

We have a staff of instructors certified by **U.S. Sailing** and many volunteers to help out with instruction, snacks, boats, and other sail camp activities.

We look forward to a successful sail camp again this year in our renewed Junior Sailing Program at CSC. **Please read the attached camp information** and feel free to ask any questions at the parent orientation meeting. We will need your signed **Statement of Understanding, Medical Release and Application** so your child may attend. You may find these on our website and we will have copies available at the Parent Meeting.

PARENT MEETING is Sunday May 20th , 5:00pm at Concord Yacht Club 11600 S. Northshore Drive. General guidelines & procedures for camp will be discussed, questions addressed, and *final payments collected*. A review of expectations of Volunteers will be covered to acquaint you with dockside responsibilities, and clubhouse assistance. This meeting will be kept as brief as possible and we expect to be done by 6:30pm. For your information, the phone number at Concord Yacht Club is (865) 671-1210. Questions directed to concordssail@gmail.com or call Suzi Richters 86-691-06565.

Table of Contents

| | | |
|-----|---|---|
| i. | Cover & open letter to all parents, Parent Meeting Notice & Dates | |
| ii. | Table of Contents | |
| 1. | Program Objectives & Goals.....page | 1 |
| 2. | Sail Camp Schedule..... | 1 |
| | 2.1 Drop Off & Pick up Procedures (8:30am -5:30pm)..... | 1 |
| | 2.2 Snacks & Lunch..... | 2 |
| | 2.3 Regattas, Sailing Parades & Award Ceremony | 2 |
| | 2.4 Big Boat Rides..... | 2 |
| 3. | Drugs & Medications..... | 2 |
| 4. | Registration & Fees..... | 2 |
| | 4.1 Refunds..... | 3 |
| 5. | Staff..... | 3 |
| | 5.1 Training Assistants (TA)..... | 3 |
| 6. | Volunteers..... | 4 |
| 7. | Visitors..... | 4 |
| 8. | Parental Involvement..... | 4 |
| 9. | In Case of Emergency..... | 4 |
| 10. | Safety..... | 5 |
| 11. | Sailing Instruction, Books & Boat Assignment..... | 5 |
| 12. | Facilities & Equipment Available for Sail Camp..... | 5 |
| | 12.1 Damage to equipment..... | 6 |
| 13. | Special Needs Children..... | 6 |
| 14. | Problems Related to Camp or Campers/Feedback..... | 6 |
| 15. | Sail Camp Policy & Discipline Procedures..... | 7 |
| | Sailor’s Daily Check List..... | 8 |
| | Sail Camp Rules (campers need to read & agree upon)..... | 8 |
| | Statement of Understanding (needs to be signed & turned in)..... | 9 |

1. Program Objectives & Goals:

Our objective is to ensure everyone has a safe and fun time while at sail camp. Our goals are to see that all campers are comfortable with sailboats and enjoy the sport of sailing. We hope that campers will want to continue with youth sailing activities through CSC at CYC or other places long after sail camp.

Specific goals at CSC Sail Camp are (in no particular order):

1. Create a fun atmosphere in which children want to participate.
2. Instill an admiration for sailing in the students .
3. Develop a respect for the water, the elements.
4. Learn and incorporate safety and seamanship.
5. Instill responsibility for boats, equipment and respect for our waterways and environment.
6. Develop sportsmanship, integrity, and interpersonal skills.
7. Provide the setting & education for those who want to compete and those who do not.
8. Run a cost effective program.

To accomplish these goals we need the help and active cooperation of the committee, staff, parents, sailors, and friends. Members of the board, CSC volunteers and Concord Yacht Club members spend countless hours every year working to make sail camp a success.

2. Sail Camp Schedule (9:00 a.m. to 5:00 p.m.)

Every morning, on-the-water training will formally begin at 9:00 a.m. and will end between 3:00 and 4:00 pm, depending on the wind. Snack will be served mid morning and afternoon. If your child has restrictive dietary concerns it is best if you provide their snack. Afternoon Activities will follow from snack through to 4:45pm, Monday through Friday afternoons. *Please be respectful of the 5:00 pm pick up time- many staff and volunteers have to leave for family obligations.* If you are running late, please call CYC 671-1210 to inform the staff and they will make accommodations. Friday evenings parents should expect to arrive earlier (between 4:00 and 5:00 pm) to witness the parade or regatta scheduled on these days. As well, AWARDS & a Dinner make camp run longer, typically to 7pm.

The Shore Director and Head Instructor are in charge of supervision of campers and staff. From 4:00-5:00 pm campers will be interacting with other fleets in games, swimming, or free time activities. A certified lifeguard will be on duty in late afternoons for supervised swimming in the CYC beach area. If your child needs to leave early one day, please inform the Shore Director and we can have them ready.

The Award Ceremony runs late on Fridays and if you and your child need to leave prior to ceremony, please inform the Staff and we will be sure to have their award packet prepared in time for their departure.

2.1 Drop-Off and Pick-Up Procedures (8:30 a.m. and 5:00 p.m.)

Campers may be dropped off early any time after **8:30 a.m.** All campers must be signed in by a parent at the clubhouse by 9:00 a.m. Any campers arriving after 9:00 a.m. should be delivered directly to a camp staff member. All campers should be picked up by 5:00 p.m. Parents, for your child's safety, you must SIGN IN and SIGN OUT for your child each day. If you plan to *drop off late or pick up early, please notify the Shore Director.* If someone other than the parents or guardians is to pick up a camper, you must notify the Shore Director in writing of this change. Again, this is for your child's safety.

Should you not be able to pick up your child by 5:00 p.m. you must call the clubhouse 671-1210, and arrangements need to be made with the Shore Director .

2.2 Snacks & Lunch

Two snacks with drinks (one in the morning and one in the afternoon) will be provided for all campers Monday through Friday. Cold water will be available all day & campers should bring a refillable water bottle they can carry on boat while sailing. It is important that any **allergies to foods** be noted on the camper's medical form. If they are very challenging, we suggest camper bring their own snacks. Campers are required to *bring their own lunches* from home. Drinks for lunch will be provided.

2.3 Regattas and Sailing Parades

Friday late afternoon, 4:00 pm, culminates in a regatta or sailing parade to highlight skills Sail Campers have learned that week. Food and an awards ceremony will follow these events. All campers are able to participate in these events. *All participants are winners just for trying.* Should inclement weather not allow these events to take place on Friday afternoon, we progress directly to awards ceremony. Parents who want to witness their child in these events should plan on being at CYC by 4:00 pm.

2.4 Big Boat Ride

Weather permitting, several Captains of "Big Boats" at Concord Yacht Club open their boat to campers. This allows insight into another aspect of sailing, referred to as "cruising". This is a popular part of our program and we invite camper to stay that full afternoon. At the request of the captains, campers are reminded to wear non-marking shoes for the big boat ride. If you own a cruiser and would like to participate in the Big Boat Rides, contact the camp director or the head instructor via our email concord sail@gmail.com. To be determined - Wednesday about 3:30 - 4:45 pm.

If your child is unable to stay until 5:00pm that day, please notify the Shore Director so that he/she may get involved in an alternate activity.

3. Drugs and Medication

Any campers on or in need of medication during the normal camp day should bring it with them with a written notice authorizing the dispersal. The camp staff will hold it and give it at the correct times. Please be sure to have medication in original prescription container. No medications will be available or given from the camp or its staff without parental consent. A log will be kept for this purpose.

If your child is on medication during the school year, we ask that he/she continue it during sail camp. Your children's safety is our utmost concern. Please help us keep all children safe! Sailing and outdoor activities are demanding and children who require medicine should continue to take it to facilitate their ability to function at their highest level. If daily medicine is forgotten, parent needs to return with it in time for dispensing.

4. Registration and Fees

All campers must be 8 years old (older 7yr olds if volunteer/parent stay's all day/week) See Volunteer Section). All campers **MUST** be able to swim 50 yards without a life jacket.

All campers are required to have the Registration/Medical Form completed, Statement of Understanding signed, Fees paid by the PARENTS MEETING (May 20th) at Concord Yacht Club. Photo release option indicated for publicity

4.1 Refunds

Fees for Sail Camp are refundable except for a \$50.00 deposit. Your withdrawal must be made in writing by the day of the Parent Meeting (May 20, 2012) to receive a refund for any session of Camp.

5. The Staff

The Concord Sailing Center Sail Camp committee has been busy since January organizing this year's sail camp.

Staff members include:

Head Instructor & several US Sailing-certified instructors,
Training Assistants,
a Shore Director
certified Life Guard

Our instructors have been certified by U.S. Sailing. Certification requirements include successful completion of the U.S. Sailing's "Level 1 Sailing Instructor Course" (it is a 4-day course, at 40 hrs training), and American Red Cross Standard First Aid and CPR training. Some instructors may be certified as U.S. Sailing's "Level 2 Sailing Instructor" giving them approximately 25 hours more in the area of coaching. The Instructors and TA's are responsible for all planned sailing activities and interacting with youths during camp.

Head Instructor is responsible for all sailing programming and supervision of the staff during instructional time. They will visit each fleet on a daily basis to interact and observe the instructional process. They are responsible for fleet assignments, and assuring camp is fun and running well. They assure all proper paper work on skill level documentation is filed and safety of campers and staff is secure.

A Training Assistant will aid each instructor every day, and will provide assistance in sailing and non-sailing, recreational activities. This position provides leadership experience for older teens experienced in sailing and they are invaluable in giving attention and care to sail campers.

Our Shore Director will be in charge of camper check-in and checkout. They will coordinate volunteers in preparing snacks and supervision at lunchtime and during afternoon activities. Shore Director supervises and coordinates the Instructors and staff in presenting afternoon activities.

We will have a Certified Lifeguard on staff to supervise "free swims."

Parent volunteers are asked to help out for four hours with meals and snacks, boats, supervising youths and helping with non-sailing activities, overall safety and general help in maintaining the facilities we use to host Sail Camp. More details follow in section 6.

5.1 Training Assistants (TA)

This is a program designed to aid in the development of leadership skills as well as sailing skills. Youths that are 15 years old and older are welcome to apply. As a TA you will be asked to help in all areas of camp such as: rigging and launching boats, arts and crafts, snacks, games, and sailing instruction. This is an opportunity to learn various skills, practice leadership skills and have fun while doing them. We ask each TA to present a lesson to the campers during the week under their Instructor's supervision. TA's are an important part of our Sail Camp program. To apply for this program go online to the website and follow the activities link to Sail Camp and then staff at www.concordyachtclub.org.

6. Volunteers

As a parent of a sail camper you are asked to volunteer four hours during the week of their campers participation. Volunteering allows us to offer sail camp at a lower cost to you. If you are unable to volunteer you will be charged the volunteer fee of \$40. Wear comfortable clothing and a “can do attitude”. Parents please sign up via the website for a volunteer day by the Parent Orientation Meeting. *If you need to make special arrangements, you may contact Suzi Richters @ 691-0656 or concordssail@gmail.com.* All volunteers will report to the Shore Director for their daily assignments.

Volunteers are very important to the camp program.. There are two basic positions, Clubhouse and “floater” who can help dockside or clubhouse assistance. Please *dress casually & arrive ready to help with tasks* such as:

- launching and catching boats (very important in windy conditions and with beginners),
- boat maintenance and simple repair (ie: line replacement)
- errands, shopping ie: for food, gas, ice
- snack and lunch time supervision of children, sit and talk with them, walk around keep eyes open for safety
- assisting with afternoon activities; filling balloons, preparing games
- assisting with snack preparation, and facilities cleanup
- assisting with knot tying, and encouraging campers to learn new skills.

If you are able to work more than the required 4 hours time, *your help is welcome*. If you wish to enroll a 7 year old in camp, it is required that you stay at camp all week. The child must meet all other requirements to be eligible for this early enrollment.

7. Visitors

All parents and grandparents are welcome to visit Sail Camp at any time. We do ask that you check-in with the Shore Director. Clubhouse phone number is 671-1210.

8. Parental Involvement

Parents should be involved with their children in the program. This includes making sure sailors have had a good breakfast, have applied sun block, have adequate and appropriate clothing, *have a bottle of water*, and arrive at class on time with life jacket, sun glasses, U.S. Sailing's Red Certification Record book, a.k.a. “The Red Book” (if they attended previous sessions), and other needed items. Parents are also instrumental in keeping the program running. Help is always needed moving boats and equipment to and from the water, at snack and lunchtime, and during the after sailing program.

Each day, before coming to sail camp, please help your child(ren) by making certain they are prepared for class. Sailing and being outdoors most of the day during the summer is hard work and can, at times, be dangerous. It is imperative *everyone at sail camp is on their best behavior, well rested, alert, well nourished, and has all the proper equipment*.

At the end of this handbook is a checklist to use every day before coming to class.

9. In Cases of Emergency

If you have an emergency you may call the CYC clubhouse at (865) 671-1210.

If we have a need to reach you, you will be contacted by a camp staff member with information on what is happening. Please inform the Shore Director of any changes in phone numbers where you may be reached during the camp day. Please list any pagers or mobile phone numbers on the registration and medical form.

In cases of bad weather or other conditions all campers will be brought up to the clubhouse or other appropriate shelter.

10. Safety

Safety is of prime importance to our program and our goal is to encourage participation and provide quality instruction in a safe environment. Sailors who cannot follow the basic rules will be subject to discipline.

Life Jackets/Personal Flotation Devices (PFD's) - Every sailor and Instructor must provide and properly wear a U.S. Coast Guard approved life jacket at all times while on the water and docks. The jacket must be in good condition and fit properly (too big is as bad as too small). A boat cushion is NOT acceptable. Mark the jacket with the name on the outside. If this is a hardship, we have loaners available for camp.

Shoes - Shoes are required at all times. We recommend a pair of aqua socks/reef runners, as they are lightweight. Please, no shoes that scuff, as they leave black marks on the sailboat decks. Sneakers, or "reef runner" type footwear, and "Teva" type sandals can be worn *if they have ankle straps*. The seawall is made of rocks and often harbors sharp debris washed up from the river, and the club docks have been known to leave 3" splinters in the bottom of feet. We really recommend total foot coverage for your safety.

Sun Protection - Sunglasses, hats, sunscreen and drinking water are strongly recommended for all sailors. Sun block should be applied liberally. Medical evidence has been mounting that shows over 80% of harmful rays absorbed by the body are absorbed before the age of 18. Sunglasses with full UV protection and hats are highly recommended. Our staff will encourage your child to reapply lotion during the day.

Swim Test - Comfort in the water is a fundamental part of safe sailing. All students, regardless of age or number of years in the program, are required to take a swim test on the first day of class. This test will be given next to the dock adjacent to our afternoon swimming area. Campers, wearing their usual sailing clothes, must be able to swim 50 feet WITHOUT life jacket to pass and be allowed in the program. Swimmers will then be asked to put on their life jackets while in the water. This is done to test the buoyancy and fit of the PFD and to test the swimmer's range of motion while in the water. Remember to bring dry clothes to change into afterwards.

Boats and Equipment - Stay clear of all boats and equipment at CYC except as directed by the Instructors.

11. Sailing Instruction, Books and Boat Assignment

Sail Camp offers three weeks of instruction. All three levels, beginning, intermediate and advance students are welcome in all three weeks of camp and they will be grouped to make a safe learning environment. The Sail Camp Curriculum is based on U.S. Sailing's "Learn to Sail" Programs. An instructional book **Start Sailing Right** published by U.S. Sailing is available for purchase, but is not required for camp. However, Start Sailing Right is a great resource on dinghy sailing and makes a good reference for parents. Books may be purchased during the parent orientation meeting or anytime during camp.

Students will be divided into instructional groups *according to their sailing abilities, age and size*. The beginning students with no sailing experience may start out doubled up and progress to sailing solo. Smallest students are usually assigned to Optimist dinghies. The younger Intermediate students will be sailing by themselves on Optimist Dinghies.

The older students with intermediate, limited or no sailing experience will be using Sunfishes. The older and most experienced group will be using the UT/CYC-owned JY15 Fleet. If a student owns or supplies his/her own seaworthy Optimist, Sunfish or JY15, we will try to place them in that boat. For advance race training the most experienced campers may be assigned to 420's.

12. Facilities & Equipment Available for Sail Camp

Sail Camp will be using the CYC grounds and facilities, which include the Clubhouse and porch, the restrooms with changing area and showers, the playing field and swimming area, and the docks. Sail Camp will be using the CYC/UT-owned JY15 Fleet and 420's. The Sunfish and Optimist boats are club-owned, leased, or privately owned

boats. We have at least one safety boat per class (Optimist, Sunfish and JY 15) for use by the instructors and their assistants. All safety boats will be equipped with a radio for staff communication and a first aid kit. The Shore Director will also have a radio to be in communication with the fleets while they are on the water.

12.1 Damage to Equipment

Equipment used by Sail Camp is owned by Concord Yacht Club, by members of CYC, and by friends, and it is loaned to the CSC Sail Camp Program. The CSC Sail Camp will handle any damage to the equipment. If a camp participant damages a boat or other equipment due to reckless or irresponsible behavior, the parent or parents of those campers will be charged for repairs of the damage.

13 Special Needs Children

We do accept children with and without disabilities.

The decision of accepting a child with disabilities into the program is made on a case by case basis. A doctor's release is required for the child to be involved with us, and the child has to be sufficiently communicative and cognitive to communicate with the instructors, counselors and the staff.

The minimum requirements are such that the child must:

- pass the swim test (50 yards without a life jacket),
- have the mental and cognitive capacities of an 8-year-old,
- be between 8-15 years of chronological age,
- cooperate with instruction,
- be voluntarily enrolled and want to cooperate in the program
- has social cooperative skills compatible to work with a sailing partner & fleet

If physical and sensory limitations exist which require medical and physical supervision and/or attention, a parent or designee must be on the premises at CYC at all times during camp hours. If the camper is sensory-impaired, which requires that someone accompany him or her in order to participate, this shall be at no cost to CSC Sail Camp (and/or CYC). If child takes medicines, we need to be informed of this. We will work with parent to assure they get medication in a timely and accurate manner, see page 3.

If you have any questions, please contact the Program Director at concordssail@gmail.com.

14. Problems Related to Camp or Campers / Feedback

We are always trying to improve the program. We welcome all suggestions, criticisms and compliments. Problems need to be addressed as early as possible with the Shore Director, Head Instructor or Sail Camp Committee Chairperson.

Excluding safety concerns, any discussion **must** be taken up outside class time and should be out of the presence of children and third parties. Complaints or suggestions, if either are complex or serious, should be made or followed up, in writing. Having comments in writing helps us address the issue fully and reduces misunderstandings.

Please remember this program is the responsibility of VOLUNTEERS. Concord Sailing Center is cooperation with Concord Yacht Club collaborate to provide a safe, effective and fun camp experience for our community. Sailing is an activity that may involve risk to persons or property. In our statement of understanding we ask that participants hold harmless from any liability the Concord Sailing Center, Concord Yacht Club, their officers, members and volunteers for damage or loss to property or personal injury, or death. The staff have professional certification and are well acquainted with safety procedures and procedures are in place in the management of camp to provide for the safety of all involved.

It is important to us that the Sail Camp experience is the best that we can make it. It is for this reason we ask that **your child want to attend the camp program**. Our staff is trained to deal with problems related to youth learning to sail and not necessarily for other issues.

15. Sail Camp Policy and Discipline

Our instructors are trained in preventive disciplinary techniques, which are usually quite effective. If, however, the need for further disciplinary action is required, the following steps will be followed:

Step 1 - The offender will be taken aside and explained the nature of the offense and why it is not acceptable. The camper will be told that if this or another offense occurs again it will be reported to the Head Instructor.

Step 2 - If a further offense occurs, the camper will be told why he/she is being reported to the Head Instructor. The camper will be told that if any offense occurs again his/her parents will be contacted.

Step 3 - If a further offense occurs, the Head Instructor will be informed so appropriate action can be taken. It will be explained to the student that the offense will be reported to his/her parents and that if the offense occurs again parents will be asked to come to camp and discuss their child's actions.

Step 4 - Should another incident occur, It will be explained to the student that he/she is about to be asked to leave sail camp. The camper will be told that his/her parents will be asked to bring him/her to a special meeting to explain his/her behavior, and that the next step will be removal from sail camp.

Step 5 - If the problem continues, the camper will be removed from sail camp. We are positive that with the caliber of campers we have signed up we will never get past step 1.

SAILOR'S DAILY CHECKLIST

- Personal Flotation Device (PFD) (loaners available)
- Shoes (NO black scuffing soles please) or Teva or Chaco style with ANKLE STRAPS
- Water bottle - refillable
- Sun screen/sun and lip block, hat, sunglasses
- Extra clothes
- Towel, bathing suit
- U. S. Sailing Certification Record "Red Book" (if returning sailor)
- Rain gear, if weather suggests
- Lunch from home

Please label all equipment and clothing with the sailor's first and last name. To avoid having to look into each and every life jacket every time the student puts it on, we are asking parents to write the camper's name in large block letters on the outside back.

Sail Camp Rules

(Juniors, PLEASE Read)

1. Arrive on time for class with equipment ready to go.
2. PFD's/Life jackets must be properly worn at all times when on dock or on water (staff & students)
3. Proper footwear, must be worn at all times while on shore & sailing (bring flip/flops if you want for landside)
4. No running on docks or near the water.
5. No pushing, smoking, alcohol.
6. No playing on/near boats, ramps or docks.
7. No glass jars or bottles.
8. No candy, gum, or other snacks from home.
9. No pocket knives, and no hand-held video games.
10. Sunglasses, hats, sunscreen and drinking water are strongly recommended for all sailors.
11. Mark personal equipment with a permanent marker, include first and last name, possibly your phone number.
12. Pick up your trash. Keep your sail camp looking nice.
13. Students and their parents are responsible for willful damage done to CYC or CSC property, or the property of another student. CSC Sail Camp is not responsible for loss or damage to personal property of students.
14. Respect other sailors. Offensive language or actions are not appropriate at any time. Disruptive students will be disciplined according to Sail Camp Policy and Discipline (see page 10).

Code of Conduct / Ethics

Be cooperative, supportive and respectful of other people and their property at all times.
Participate 100% in daily activities.
Understand and obey the sailing "Rules of the Road".
Be gracious in success and failure, victory or defeat.
Remember your actions, both on and off the water, reflect upon you and the CSC Sail Camp program.

*"You haven't won the race if in winning the race, you have lost the respect of your competitors."
(Paul Elvestrom - 4-time Olympic Sailing Medalist).*

Concord Sailing Center STATEMENT OF UNDERSTANDING

The basic sailing course you are about to begin is an exciting and demanding challenge, but you need to be aware of what will be involved in the course and be willing to study and practice to achieve success. A swim test is required of all students, which consists of swimming 50 yards in the waters of the area you will be sailing in, in sailing clothing, including shoes. I understand that in entering this sailing course I agree to obey all program rules as set forth by the program director and the instructors, that I will use utmost care in the use of the boats and equipment and that I will not engage in any horseplay or other disruptive behavior. I understand that failure to attend regularly, arrive promptly, and abide by the rules may result in my suspension from the program. I understand that Sail Camp is an outdoor water sport program and I may be exposed to Hazards such as sunburn, overheating, bruising, cuts and other injuries. I am responsible for telling my instructor if I feel ill or have gotten hurt.

_____ Print Camper's Name

Camper's Signature _____ Date _____

Parental/Guardian Agreement I/We understand the contents of this statement and agree to see to it that our child adheres to the program rules. I/We agree to assume the obligation for the expenses of repair and/or replacement of club/program equipment that is attributable to my child's reckless or irresponsible behavior. I/We agree to make an appointment for a parent-instructor conference if requested. I/We understand there is potential for accidental injury to our child as a participant in Sail Camp, and our child is responsible for following directions to assure a safe experience. However, there is the possibility of unknown or uncontrollable dangers that could result in injury. I/We willingly assume risks associated with this program and hereby release, waive and discharge my right to sue Concord Sailing Center, Inc., Concord Yacht Club or its volunteers.

_____ Parent/Guardian's Signature Date: _____

PHOTO PERMISSION - Publicity

I give permission for use of my child/children in promotional photographs and/or videos including the camp web page and social media sites utilized by the camp. My child may be interviewed, photographed, and/or video taped by the news media, including newspapers, magazines, television, and/or radio, for camp community interest stories and advertising.

Parent/Guardian Signature _____ year _____

MEDICAL RELEASE FORM

Permission to Provide Necessary Treatment or Emergency Care:

I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for the camper named below. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the camper named below.

_____ Print Camper's Name

Parent/Guardian's Signature _____ Date _____

Witness: _____ Date: _____