

CSC Sail Camp Safety Manual

Addendum for COVID-19 Mitigation

Introduction

This addendum covers additional safety procedures to mitigate the spread of the COVID-19 virus between and among staff and campers. Although government-mandated restrictions may have been lifted, the threat of contracting the COVID-19 virus has been elevated by approximately 100x since 2020. In order to mitigate this risk, the following procedures will be implemented for the 2021 Sail Camp for all staff and campers. Training on these procedures will be conducted at Staff Orientation.

Staffing

A full time COVID Monitor will be hired for the duration of camp. Responsibilities will include supervising all aspects of the COVID mitigation and response activities in addition to preparing water, snacks and lunches. Staff will be expected to participate in all mitigation and sterilization activities as directed by the COVID Monitor.

All staff will self-monitor their health throughout camp. This includes checking for flu-like symptoms such as fever over 100.4F, cough, shortness of breath, vomiting, diarrhea, etc. If you experience any of these symptoms, please notify the COVID Monitor and Camp Director immediately and stay home. Beginning two weeks before camp and continuing throughout June, staff will avoid and report any close contact with confirmed COVID-19 cases. It is also recommended that staff avoid contact with high-risk individuals throughout camp and for the two weeks following camp.

Sterilization

All communal surfaces in the kitchen, bathrooms, clubhouse and bunker areas will be sterilized with bleach-based cleansers every morning. This includes the door handles and the drinking fountain. This will be repeated by parent volunteers after lunch. All boats will be sprayed with disinfectant and then rinsed down at the end of each day. Hand sanitizer will be provided in all restrooms and checked or refreshed twice daily. All volunteers and staff will wash hands and use hand sanitizer after each trip to the restroom. Water jugs will be provided with sanitizer wipes for periodic cleansing.

Daily Check-In

Each day before camp starts, each staff member and camper will check in with the COVID Monitor and have their temperature taken with an IR thermometer and asked if they exhibit any flu-like symptoms. Anyone with a temperature over 100.4F will be rechecked. If the temperature is repeated, or if flu-like symptoms are reported, the camper or staff member will be sent home for the duration of camp, or until a negative test result is produced.

Notification and Tracing

If any camper or staff member needs to be sent home, all staff and parents will be notified so that they may take additional measures as appropriate. This may include quarantining a specific fleet from the rest of camp for the rest of the day. If a staff member needs to be sent home, the parents of the previous week's campers will also be notified.

Social Distancing and Masks

Fleets will practice social distancing as much as possible. Masks (face gators) will be provided to staff and campers and will be worn at all times while on shore. Parent volunteers and visitors will provide their own masks to be worn at all times while on CYC property. Masks will be worn on the water by all double-handed sailors. Staff will also wear masks while on the water when working in pairs or interacting with other boats. Masks will be pulled down while swimming or sailing single-handed.

The entire bunker will be reserved for instructors to allow them to spread out for lesson planning and lunches. Lunches will be served by the COVID Monitor who will not allow self-service. Staff will not enter the kitchen but will be served through the window to the clubhouse. The clubhouse will be used for crafts only and the number of campers allowed in the clubhouse at one time will be limited to 10. The reception area of the clubhouse will be used for campers recovering from heat stress. Additional outdoor classroom space will be provided.

Camp will be divided into three age groups: Green/White, Blue/Yellow, Red/Orange. Each group will operate as a standalone unit with a Lead Instructor in charge and minimal interaction between groups. Free swim time will be limited to single groups with time allotted for rotation. Two groups may free swim at once if they remain on opposite sides of the swim dock.

Awards Dinner

The awards dinner will be cancelled. Camper awards will still be given for each fleet but will be held outdoors in a socially distanced event.

Closure

If three unrelated people demonstrate high temperatures in a single week the camp will be closed for the remainder of the season, on the assumption that staff have also been infected.